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**Sedgwick Press announces the Fifth Edition of  
*The Complete Mental Health Directory***

Sedgwick Press, an imprint of Grey House Publishing, is proud to announce the Fifth Edition of *The Complete Mental Health Directory*. This unique reference work provides comprehensive coverage of 27 specific mental health disorders, from Adjustment Disorders to Tic Disorders, including a separate section devoted to Pediatric and Adolescent issues. Compiled with the aid of an expert in the field and with an emphasis on usability and accuracy, *The Complete Mental Health Directory* provides information and resources for a wide variety of users in an easy-to-use format.

New features in this 2006 edition include brand new chapters on Asperger's Syndrome and Factitious Disorder; an article by Dr. Nada Stotland, discussing controversial issues in the field of mental health and mental illness; a chart organizing the mental disorders listed in the book according to the categories by which they are diagnosed (for example, diagnosis in childhood, adolescence or adulthood, or mood disorders); the addition of a list of publishers specializing in health care and mental health issues; and over 100 pages of mental health facts and figures organized by demographic and state.

*The Complete Mental Health Directory* is designed to offer valuable information for those suffering from a mental condition, their families and support systems, as well as mental health professionals. It combines, in a single volume, disorder descriptions written in clear, layman's terms, and a wide variety of resources, including Associations, Publications, Support Groups, Web Sites, State Agencies and Facilities.

*The Complete Mental Health Directory* leads with a section profiling 27 specific **Mental Health Disorders** and includes a description, written in clear, accessible language along with symptoms, prevalence and treatment options. Many disorder descriptions include information on specific syndromes within a general category, such as Panic Disorder and Social Anxiety Disorder within the Anxiety Disorder chapter. These chapters also include listings of specific resources relevant to the disorders, including Associations, Books, Agencies, Periodicals, Pamphlets, Support Groups, Hot Lines, Resource Centers, Audio & Video Tapes, and Web Sites.

The second and third sections list over 1,000 **National Associations** and **Federal and State Agencies** that offer general mental health services and support for patients and their families.

The remaining sections include a multitude of resources for both the lay-person and the professional. Sections Four and Seven focus on resources for **Mental Health Professionals** and those

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involved in **Clinical Management**. Section Four covers such supporting information as **Accreditation** and **Quality Assurance**, **Associations**, **Books**, **Conferences** and **Meetings**, **Training** and **Recruitment** and **Workbooks** and **Manuals**. Section Seven includes a list of directories, databases, management companies and information services, among others, that provide patient, medical and marketing data and information.

Section Five lists major **Publishers** of books and magazines whose main focus is health care or mental health issues. The sixth section lists major facilities and hospitals that provide treatment for persons with mental health disorders.

Section Eight offers valuable information on the **Pharmaceutical Companies** that manufacture drugs to treat mental health disorders. This section has been updated to include all the latest indications for each listed drug, plus several new medications now approved for existing conditions. The listings are organized first in alphabetical order by manufacturer name and secondly as an alphabetical listing of drug names. Listings include contact information and drugs produced by each manufacturer, as well as disorders for which each drug is typically prescribed.

The ninth and final section is brand new to the 2006 edition of *The Complete Mental Health Directory*. It covers **Statistics** pertaining to mental health and presents them in three ways: First, rankings by state of the percentage of the overall population in the state experiencing “Frequent Mental Distress Days” and “Average Mentally Unhealthy Days.” These statistics are also broken down by gender, age and race. Secondly are graphs charting “Average Mentally Unhealthy Days” over an eleven year spread, again organized by the groups listed above. Thirdly are charts featuring statistics for a select group of Mental Health Characteristics, showing what percentage of various populations (for example, males or females, those with health insurance coverage, or marital status) report feelings such as sadness, hopelessness, or nervousness on a scale from “all or most of the time” to “some of the time.”

Three indices are provided for easy access to all of the listings and resources in *The Complete Mental Health Directory*: Disorder Index (an alphabetical listing by disorder of all entries pertaining to each disorder), Entry Index (an alphabetical listing of all entries included in the directory) and Geographic Index (organizes resources included in the directory by state).

To broaden the availability of data, *The Complete Mental Health Directory* is also available in an **Online Database**. Using powerful search and retrieval software, this interactive **Online Database** accesses, in just seconds, all the information and resources included in the print directory. Users can search the **Online Database** by dozens of criteria. Visit [www.greyhouse.com](http://www.greyhouse.com) for a free search.

Featuring more disorders and including more supporting information and resources than ever before, the 2006 edition of *The Complete Mental Health Directory* is the most current and comprehensive resource on the field of mental health and is easily accessible to patients, families, professionals and those in supporting industries. It is a vital and useful information source and is a valuable addition to libraries of all kinds, from professional to academic.

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