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## **For Immediate Release**

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## **Grey House Publishing announces the Eighth Edition of *The Complete Mental Health Directory***

Grey House Publishing is proud to announce the eighth edition of *The Complete Mental Health Directory*. This unique reference directory provides comprehensive coverage of 20 broad mental health disorder categories, from Adjustment Disorders to Tic Disorders. Within these categories are nearly 100 specific disorders, including Obsessive Compulsive Disorder, Asperger's Syndrome, Bipolar Disorder, Postpartum Depression, Schizophrenia, Somatization Disorder, Paraphilias and many more.

The *Complete Mental Health Directory* was honored as a winner of the **2011 Annual National Health Information Awards**, presented by the Health Information Resource Center to "the Nation's best consumer health programs and materials." In addition to more than 4,500 listings, this edition includes a new chapter on *Post Traumatic Stress Disorder*, as well as individual chapters on *Pediatric and Adolescent Issues* and *Suicide* which may be the consequence of some mental disorders.

Coverage of 70-plus disorders include clear, concise descriptions, all updated with the most current diagnoses and treatment methods. Users will find a variety of disorder-specific resources, including Associations, Books, Periodicals, Research Centers, and Support Groups. In addition to disorder-specific resources, *The Complete Mental Health Directory* includes Professional Services, Publishers, Facilities, Clinical Management and Pharmaceutical Companies.

Section One, **Disorders**, consists of 21 chapters dealing with broad categories of mental health issues. Each chapter begins with a description, written in clear, accessible language and includes symptoms, prevalence and treatment options. These descriptions include information on specific syndromes within a general category, such as Social Anxiety Disorder within the Anxiety Disorders chapter. Following the descriptions are specific resources relevant to the disorder, including Associations, Books, Government Agencies, Periodicals, Pamphlets, Support Groups, Hot Lines, Resource Centers, Audio & Video Tapes, and Web Sites.

The second and third sections list more than 1,000 **National Associations**, and **Federal and State Agencies** that offer general mental health services and support for patients and their families.

Section four contains information on **Professional Support & Services**. This section provides resources that support the many different professionals in the mental health field. Included are specific chapters on Accreditation and Quality Assurance, Associations, Books, Conferences and Meetings, Periodicals, Training and Recruitment, Audio and Video Tapes, Web Sites, and Workbooks and Manuals.

**Publishers**, section five, lists major publishers of books and magazines that focus on health care or mental health issues. This material is suitable for both professionals in the mental health industry as well as patients and their network community.

Section six, **Facilities**, lists major facilities and hospitals, arranged by state, which provide treatment for persons with mental health disorders.

In the seventh section, **Clinical Management** you will find products and services that support the Clinical Management aspect of the mental health industry, including Directories and Databases, Management Companies, and Information Services, which provide patient and medical data, as well as marketing information.

The last section, **Pharmaceuticals Companies**, offers information on the pharmaceutical companies that manufacture drugs to treat mental health disorders. Several more companies and many more drugs have been added to this edition. This data is presented in two ways: first, alphabetically by company name, including address, phone, fax, web site, and a list of specific drugs manufactured; second, alphabetically by name of drug, including the disorder it is typically prescribed for, and reference to the company or companies that manufacture it. NEW to this section is an Appendix of generic medications, and the brand names they replace.

*The Complete Mental Health Directory* also contains three separate indexes. **Disorder Index** lists entries by disorders and disorder categories. **Entry Index** is an alphabetical list of all entries. **Geographic Index** lists entries by state.

In addition to the print directory, *The Complete Mental Health Directory* is available for subscription on G.O.L.D., Grey House Online Databases. Subscribers can print out profiles, save their lists and searches for easy reference, click on hot-linked email and web addresses for quick and easy contacts, and download lists in their sales or marketing databases. For more information, visit <http://gold.greyhouse.com>.

The information in this revised edition is crucial for those suffering from a mental condition and their support network, including professionals who diagnose and treat mental disorders. It combines, in a single volume, disorder descriptions written in clear, layman's terms, and a wide variety of resources. Here's where you'll find where to go and who to ask – for the most diagnosed mental health disorders in the country.

**Praise for previous edition:**

*“...certain times and situations call for a print resource, especially in the field of mental health services. Having one in hand is helpful. ...The introductory essay's...thoughtful questions and comments can open many topics to discussion and searches for further information. [The] section ... on professional services includes a wealth of resources. Summing up: Recommended. All levels.”*

- Choice

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