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Grey House Publishing Announces the First Edition of the *Aging Handbook & Resource Guide*

Grey House is pleased to add the *Aging Handbook & Resource Guide* to its award-winning *Health & Wellness* series. This new title is designed to bring together necessary and valuable information about breast aging and related issues. Combining valuable, easy-to-understand educational information for older individuals, their loved ones, and caregivers, this new volume is a must-have resource.

This work covers aging generally, then explores a range of related conditions and disorders that both contribute to and result from the aging process, from Alzheimer's disease and dementia to visual impairment. The *Aging Handbook & Resource Guide* combines valuable, easy-to-understand educational information for older individuals, their loved ones, and caregivers. This new volume is arranged in the following sections:

Introduction
This detailed introduction to the book, written by health specialist Marianne Moss Madsen, MS, provides an overview of aging, including physical issues, mental issues, emotional issues, and more.

Studies & Statistics
This robust, colorful section of over 450 pages includes detailed reports, journal articles, fact sheets, and infographics from a number of sources including the National Institute on Aging, Centers for Disease Control and Prevention, U.S. Department of Health and Human Services, peer-reviewed journals, and more. It begins with an annotated table of contents, followed by detailed articles on indicators of well-being, healthy aging, physical activity, healthy eating, a guide for caregivers, Medicare, and more

Following this are helpful fact sheets, reports, and insightful journal articles about the related conditions and disorders covered in Section Three, including Alzheimer's disease & dementia, amyotrophic lateral sclerosis (ALS), arthritis, brain tumors, cancer, chronic pain (CP),

depression/mental health, diabetes mellitus, gastrointestinal (GI) disorders, hearing loss, heart disease, hypertension, impotence, incontinence, kidney disease, liver disease, lung disease, menopause, osteoporosis, Parkinson's disease, scoliosis, skin disorders, sleep disorders, stroke, substance-related & addictive disorders, thyroid disease, and visual impairment.

Aging Resources:
This section details a variety of resources for older adults, their families, and caregivers, including agencies and associations, foundations, research centers, support groups and hotlines, print resources, and web sites.

Related Conditions and Disorders:
This section includes details on 28 conditions and disorders relevant to aging. Overviews written by Marianne Moss Madsen detail the conditions themselves, how they apply to aging, and preventative and treatment options. Patient, family and caregiver resources follow.

Additional sections include:

- **Glossary of Terms** lists major terms and concepts related to aging.
- **Entry Index** lists all directory entries alphabetically.
- **Geographic Index** organizes listings alphabetically by state.

Free Online Access
In addition to the print guide *Aging Handbook & Resource Guide* includes free online access on the Salem Press/Grey House Online Platform. Online access gives researchers immediate access to the most valuable in-depth information on the many causes of these conditions, early warning signs, diagnosis, treatment options, advice for caretakers, preventative therapy, and support. Call 800-562-2139 for a free trial or visit https://greyhouse.com for more information.

The *Aging Handbook & Resource Guide* is a necessary reference for public and academic libraries, as well as education and health care collections, providing information crucial to older adults, their broader support network, and education and health care providers.

Aging Handbook & Resource Guide
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