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Grey House Publishing Announces the First Edition of *Cardiovascular Disease Handbook & Resource Guide*

Grey House Publishing is pleased to announce *Cardiovascular Disease Handbook & Resource Guide*—the second volume, after *Dementia Handbook & Resource Guide*, in a new health series focusing on disorders and conditions that affect millions of Americans.

This comprehensive work comes at a time when 500,000 Americans die of heart disease every year. *Cardiovascular Disease Handbook & Resource Guide* combines valuable, easy-to-understand educational information for patients and their families with national and state statistics and discussions about prevention, treatment and outcomes. In addition, it offers details on 32 types of cardiovascular disease plus information on a number of conditions that can cause, or affect it, including substance abuse and obesity.

Following the Publisher's Note is an excerpt from *Dementia Reimagined* by Tia Powell, MD, described by Steve Silberman, *New York Times* bestselling author, as "A brave, sobering, and profoundly humane book about one of the most serious challenges we face both as individuals and as a society." Dr. Powell's introduction is a moving combination of medicine and memoir that addresses the challenges she faced as her grandmother, then her mother, were diagnosed with dementia.

Section One: Studies & Statistics About Cardiovascular Disease is a robust, colorful section of more than 300 pages includes detailed reports, maps, graphs and tables from the Centers for Disease Control and the National Institutes of Health. Coverage is current, comprehensive, and comprised of the following sections:

- Your Guide to a Healthy Heart
- Your Guide to Physical Activity and Your Heart
- U.S. Maps of Cardiovascular Disease Death Rates by State & County
- Women's Heart Health
- High Cholesterol
- High Blood Pressure

- Advancing Heart, Lung, Blood, and Sleep Research

Section Two: Types of Cardiovascular Disease includes 12 chapters, each covering a different cardiovascular condition, or broad category of disease, including coronary heart disease, acute coronary syndromes, congenital heart disease, cardiometabolic disease, cardiomyopathies, heart failure, stroke, pericardial heart disease, valvular disease, blood clots, and more. Each chapter begins with a concise description of the category, and goes on to include a variety of resources for patients, their families and caregivers. Specific categories include; National Agencies & Associations; State Agencies & Associations; Foundations & Research Centers; Support Groups & Hotlines; Magazines; and Websites. In addition to the 12 broad categories, coverage includes descriptions of 20 additional specific conditions from ischemic heart disease to a pulmonary embolism.

Section Three: Conditions Affecting Cardiovascular Disease includes chapters on alcoholism, substance use and abuse, Fabry disease, DiGeorge syndrome, diabetes and obesity, with descriptions that discuss their relationship to cardiovascular disease, and resources for further research.

Section Four: Pharmaceuticals Used to Treat Cardiovascular Disease

Section Five: Appendixes features four sections:

- **Glossary** includes more than 100 terms that are both included in this work and ones that the reader might come across in his or her own research of dementia and related disorders.
- **Entry Index** lists all directory entries alphabetically.
- **Geographic Index** organizes listings alphabetically by state.

Two Free Years of Online Access

In addition to the print directory, *Cardiovascular Disease Handbook & Resource Guide* includes two years of free online access to G.O.L.D., Grey House OnLine Databases. This gives your patrons immediate access to the most valuable in-depth information on the many causes of these conditions, early warning signs, diagnosis, treatment options, advice for caretakers, preventative therapy, and support. The online database also offers easy-to-use keyword searches, organization type and subject searches, hotlinks to web sites and emails, and so much more. Call 800-562-2139 for a free trial or visit <http://gold.greyhouse.com> for more information.

The *Cardiovascular Disease Handbook & Resource Guide* is a necessary reference for public and academic libraries, as well as health care and consumer health collections, providing information crucial to sufferers of cardiovascular disease, their broader support network, caseworkers, social workers, and other health care providers.

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