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Grey House Publishing Announces the 2020/21 Edition of *The Complete Mental Health Resource Guide*

Grey House Publishing is proud to announce the 2020/21 edition of *The Complete Mental Health Resource Guide*. This unique reference directory provides comprehensive coverage of 22 broad mental health disorder categories, from Adjustment Disorders to Tic Disorders. Within these categories are over 100 specific disorders, including Obsessive Compulsive Disorder, Asperger's Syndrome, Bipolar Disorder, Postpartum Depression, Schizophrenia, Somatization Disorder, Paraphilias, and many more.

The Complete Mental Health Resource Guide is a repeat winner of the **National Health Information Awards**, presented by the Health Information Resource Center to "the Nation's best consumer health programs and materials."

Coverage of more than 100 disorder categories include clear, concise descriptions, all updated with the most current diagnoses and treatment methods. Users will find a variety of disorder-specific resources, including Associations, Books, Periodicals, Research Centers, and Support Groups. In addition, *The Complete Mental Health Resource Guide* includes Professional Services, Publishers, Facilities, Clinical Management, and Pharmaceutical Companies.

Section One, **Disorders**, consists of 22 chapters dealing with broad categories of mental health issues. Each chapter begins with a description, written in clear, accessible language and includes symptoms, prevalence and treatment options. These descriptions include information on specific syndromes within a general category, such as Social Anxiety Disorder within the Anxiety Disorders chapter. Following the descriptions are specific resources relevant to the disorder, including Associations, Books, Government Agencies, Periodicals, Pamphlets, Support Groups, Hot Lines, Resource Centers, Audio & Video Tapes, and Web Sites.

The second and third sections list more than 1,000 **National Associations**, and **Federal and State Agencies** that offer general mental health services and support for patients and their families.

Section four contains information on **Professional Support & Services**. This section provides resources that support the many different professionals in the mental health field. Included are specific chapters on Accreditation and Quality Assurance, Associations, Books, Conferences and Meetings, Periodicals, Training and Recruitment, Audio and Video Tapes, Web Sites, and Workbooks and Manuals.

Publishers, section five, lists major publishers of books and magazines that focus on health care or mental health issues. This material is suitable for both professionals in the mental health industry as well as patients and their network community.

Section six, **Facilities**, lists major facilities and hospitals, arranged by state, which provide treatment for persons with mental health disorders.

In the seventh section, **Clinical Management** you will find products and services that support the Clinical Management aspect of the mental health industry, including Directories and Databases, Management Companies, and Information Services, which provide patient and medical data, as well as marketing information.

The last section, **Pharmaceuticals Companies**, offers information on the pharmaceutical companies that manufacture drugs to treat mental health disorders. This data is presented alphabetically by company name, including address, phone, fax, and web site.

In addition to more than 4,500 listings, *The Complete Mental Health Resource Guide*, 2020/21 includes several valuable elements:

- The State of Mental Health in America 2019 – a colorful, 31-page report that combines narrative and charts for a complete look at this topic;
- NAMI – National Alliance on Mental Illness – reports on: Student Guide to Mental Health; Taking Charge of Your Mental health; How to Help a Friend; and The Doctor is Out;
- A Bill of Rights for Mental Health patients and their families by NAM;
- Mental Disorders by Diagnostic Category educates patients and professionals about categorical diagnoses, symptoms, and treatments.

The Complete Mental Health Resource Guide also contains three separate indexes. **Disorder Index** lists entries by disorders and disorder categories. **Entry Index** is an alphabetical list of all entries. **Geographic Index** lists entries by state.

FREE ONLINE ACCESS

Buyers of the print volume get TWO YEARS of free online access! With their online subscription, researchers can get immediate access to these thousands of helpful mental health resources, all just a click away. For more information, visit <http://gold.greyhouse.com> or call (800) 562-2139.

The information in this revised edition is crucial for those suffering from a mental condition and their support network, including professionals who diagnose and treat mental disorders. It combines, in a single volume, disorder descriptions written in clear, layman's terms, and a wide variety of resources. Here's where you'll find where to go and who to ask – for the most diagnosed mental health disorders in the country.

Complete Mental Health Resource Guide, 2020/21

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