



4919 Route 22  
PO Box 56  
Amenia, NY 12501-0056

800-562-2139  
Fax: 845-373-6360  
Email: [books@greyhouse.com](mailto:books@greyhouse.com)  
[www.greyhouse.com](http://www.greyhouse.com)

## **For Immediate Release**

June 27, 2024

Contact: Jessica Moody, VP Marketing  
Grey House Publishing  
(800) 562-2139 x101  
[jmoody@greyhouse.com](mailto:jmoody@greyhouse.com)

## **Grey House Publishing Announces the 2024/2025 Edition of *The Complete Mental Health Resource Guide***

Grey House Publishing is proud to announce the 2024/2025 edition of *The Complete Mental Health Resource Guide*. This unique resource provides comprehensive coverage of 22 major mental health disorder categories, from ADHD to Trauma and Stressor-Related Disorders. Within these categories are over 100 specific disorders. The major categories are organized to reflect current scholarship and changes regarding mental health, including:

- Separate entries for Bipolar and Related Disorders; Depressive Disorders; Obsessive Compulsive Disorders; and Trauma and Stressor-Related Disorders;
- Updated names for Neurocognitive Disorders; Neurodevelopmental Disorders; Feeding and Eating Disorders; Sleep-Wake Disorders and Disruptive, Impulse-Control and Conduct Disorders;
- Incorporating Paraphilias into Sexual Disorders.

*The Complete Mental Health Resource Guide* includes over 3,200 crucial listings, and continues to cover more than 100 disorder categories. Chapters include clear, concise descriptions of current diagnoses and treatment methods, and a variety of disorder-specific resources, including Associations, Periodicals, Research Centers, and Support Groups, Professional Services, Publishers, Facilities, Clinical Management and Pharmaceutical Companies.

*The Complete Mental Health Resource Guide* is a repeat winner of the **National Health Information Awards**, presented by the Health Information Resource Center to “the Nation’s best consumer health programs and materials.”

Section One, **Disorders**, consists of 22 chapters dealing with broad categories of mental health issues from Adjustment Disorders to Trauma and Stressor-Related Disorders. Each chapter begins with a description, written in clear, accessible language and includes symptoms, prevalence and treatment options. These descriptions include information on specific syndromes within a general category, such as Agoraphobia, Social Anxiety, Selective Mutism and Separation Anxiety within the Anxiety Disorders chapter, and Delirium, Dementia and Anesthetic Disorders within the Neurocognitive Disorders chapter. Following the descriptions are specific resources relevant to the disorder, including

## **Associations, Government Agencies, Periodicals, Support Groups, Hot Lines, Resource Centers, Audio & Video resources, and Web Sites.**

The second and third sections list more than 1,000 **National Associations, Organizations, and Federal and State Agencies** that offer general mental health services and support for patients and their families.

Section four contains information on **Professional Support & Services**. This section provides resources that support the many different professionals in the mental health field. Included are specific chapters on Accreditation and Quality Assurance, Associations, Conferences and Meetings, Periodicals, Training and Recruitment, Audio and Video Resources, and Web Sites.

**Publishers**, section five, lists major publishers of books and magazines that focus on health care or mental health issues. This material is suitable for both professionals in the mental health industry as well as patients and their network community.

Section six, **Facilities**, lists major facilities and hospitals, arranged by state, which provide treatment for persons with mental health disorders.

In the seventh section, **Clinical Management** you will find products and services that support the Clinical Management aspect of the mental health industry, including Directories and Databases, Management Companies, and Information Services, which provide patient and medical data, as well as marketing information.

The last section, **Pharmaceuticals Companies**, offers information on the pharmaceutical companies that manufacture drugs to treat mental health disorders. This data is presented alphabetically by company name, including address, phone, fax, and web site.

In addition to more than 3,200 listings, *The Complete Mental Health Resource Guide, 2024/2025* includes several valuable elements:

- The State of Mental Health in America 2023 is a colorful, 25-page report that combines narrative and charts, including many topics that are compared by states;
- White House Report on Mental Health Research Priorities is a 21-page report issued by the White House and outlining the current administration's approach to addressing the mental health crisis affecting Americans of all walks of life;
- and Youth Risk Behavior Survey is a 69-page report from the Centers for Disease Control and Prevention (CDC) linking youth health and mental health concerns with forms of risky behavior, such as sexual behavior, substance use, and violence.

*The Complete Mental Health Resource Guide* also contains three separate indexes. **Disorder Index** lists entries by disorders and disorder categories. **Entry Index** is an alphabetical list of all entries. **Geographic Index** lists entries by state.

### **INCLUDES TWO YEARS OF FREE ONLINE ACCESS**

A purchase of this print volume includes two years of online access on the popular Grey House/Salem Press platform. The online database offers the fastest, easiest access to explore this vast array of need-to-know information and helpful resources. Online, users can browse chapters and view the full text,

anytime, from anywhere. And, an unlimited users and remote access is always included with our online access.

The information in this revised edition is crucial for those suffering from a mental health condition and their support network, including professionals who diagnose and treat mental disorders. It combines, in a single volume, disorder descriptions written in clear, layman's terms, and a wide variety of resources. Here's where you'll find where to go and who to ask – for the most diagnosed mental health disorders in the country.

---

*Complete Mental Health Resource Guide, 2024/2025*

ISBN: 978-1-63700-839-3

435 pages

\$165.00

Editorial Director: Stuart Paterson

Publisher: Leslie Mackenzie