

REVIEWS

The Autism Spectrum Handbook & Resource Guide

****Description****

This book discusses autism spectrum disorder (ASD) and related medical/mental health conditions, along with resources such as agencies, foundations, and research centers. **The website offers additional searchability and portability.**

****Purpose****

The purpose of this book is to provide "valuable, easy-to-understand educational information ... with official reports and releases about monitoring childhood growth and important milestones, community statistics, living with an ASD, and treatments and further resources for co-occurring conditions" (p. ix). These are worthy objectives.

Presenting the material in print and online format adds value. The book and website both meet the stated objectives.

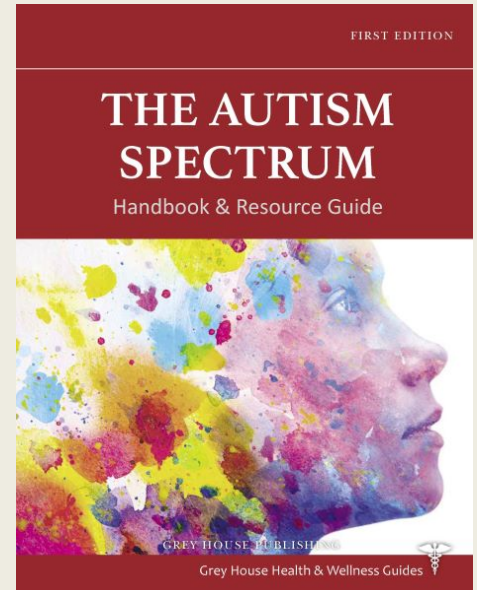
****Audience****

According to the book, the target audience includes "consumers, patients, and their families" (p. ix). The book meets the needs of its intended audience. The authors are credible authorities in the subject matter; however, the book does not provide information about their credentials.

****Features****

The book begins with an introduction to the topic. Section One focuses on statistics. Generally, ASD is detected by two years of age. It affects all genders, ethnicities, and races, and is considered a lifetime disorder.

Continued on Page 2



Pub. Date: October 2022
ISBN: 978-1-63700-158-5
Price: \$165.00

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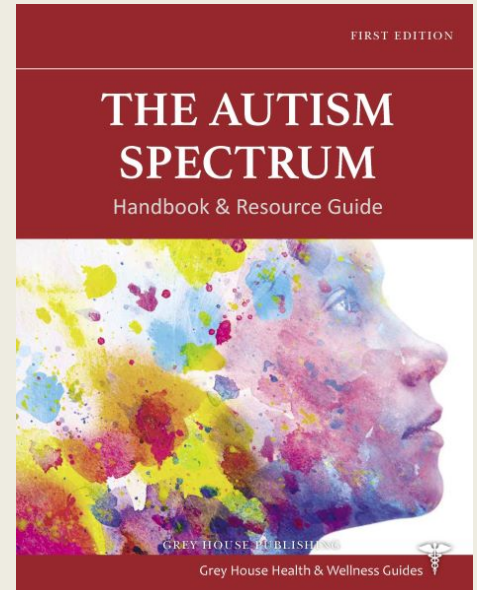
However, treatment can also help daily functioning. **The book contains positive parenting tips for children from 0-18 years of age.** Section Two provides resources including agencies, libraries, foundations, and research centers. Section Three describes various psychiatric and medical disorders that may be associated with ASD, such as anxiety, ADHD, depression, seizure disorder, GI disorders, sleep disorders, and tuberous sclerosis complex (TSC). Section Four contains a glossary of terms, entry index, and geographic index.

****Assessment****

This book is an excellent resource for parents and professionals alike. It contains a wealth of information regarding ASD. Readers will not be disappointed with this book.

Weighted Numerical Score: **94 - 4 Stars!**

-Doody Reviews, May 2023



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