

ADHD

Introduction

Attention Deficit Hyperactivity Disorder (ADHD) is characterized by certain patterns of behavior that must be present across several settings. ADHD primarily affects children. However, some individuals continue to experience the illness into adulthood. Symptoms are categorized into two groups: hyperactivity/impulsivity and inattention. They must be present before the age of twelve developmental level. At least some of the symptoms must appear before the age of seven.

The problems caused by hyperactivity show themselves in constant movement, especially among younger children. Preschool children with hyperactivity cannot sit still, even for quiet activities that usually absorb children of the same age. They are always on the move and run rather than walk. In older children the intensity of the hyperactivity is reduced but fidgeting, getting up during meals or homework, and excessive talking continue.

Adolescents and adults experience impulsivity more than hyperactivity. They have difficulty with executive control, meaning that they may have problems with time management, prioritizing tasks, focusing, and/or impulsive spending.

Impulsivity and inattention are also present in children. They can be impatient, interrupt, make comments out of turn, grab objects from others, clown around, and cause trouble at home, in school, at work, and in social settings.

The consequences of ADHD can be severe. From a young age, people with Attention Deficit Hyperactivity Disorder tend to experience failure repeatedly, including rejection by peers, resulting in low self-esteem and sometimes more serious problems.

SYMPTOMS

1. Inattention, as compared with others at the same developmental level

- Often fails to attend to details, or makes careless mistakes in schoolwork, work or other activities;
- Often finds it difficult to maintain attention in tasks or play activities;
- Often does not seem to listen when spoken to;
- Often does not follow through on instructions and does not finish schoolwork, chores, or tasks;
- Often has difficulty organizing tasks or activities;
- Often avoids tasks that demand sustained mental effort, such as schoolwork or homework;
- Often loses things needed for tasks or activities, such as toys and school assignments;
- Often is easily distracted;
- Often is forgetful in daily activities.

2. Hyperactivity/impulsivity, as compared with others at the same developmental level

- Often fidgets with hands or feet, or squirms in chair;
- Often leaves seat in classroom or other situations where remaining seated is expected;
- Often runs or climbs about in situations in which it is inappropriate (among adolescents or adults, this may be a feeling of restlessness);
- Often has difficulty playing or handling leisure activities

quietly;

- Often is on the go, moving excessively.
- Often talks excessively;
- Often blurts out answers impulsively before questions are finished;
- Often has difficulty waiting in turn;
- Often intrudes impulsively on others' games, activities or conversations.

Parts of this description may apply to all or most children at times, but behaving in this way nearly all the time wreaks havoc on the child and family. Three distinctions are made in the diagnosis:

Combined Type if symptoms of inattention, hyperactivity and impulsivity (Lists 1 and 2) are exhibited;

Predominantly Inattentive Type if six or more inattention symptoms (List 1 only) are displayed;

Predominantly Hyperactive-Impulse Type if six or more hyperactivity and impulsivity symptoms (List 2 only) are applicable.

ASSOCIATED FEATURES

Certain behaviors often go along with Attention Deficit Hyperactivity Disorder. The person is often frustrated and angry, exhibiting outbursts of temper and bossiness. To an observer, the lack of application and inability to finish tasks may look like laziness or irresponsibility. Other conditions may also be associated with the disorder, including Hyperthyroidism (an overactive thyroid). There may be a higher prevalence of anxiety, depression, and learning disorders among people with ADHD.

A careful assessment and diagnosis by a professional familiar with ADHD are essential, especially since some of the typical ADHD behaviors may resemble those of other disorders. Family, school, and other possible problems must be taken into account and addressed. This is a lifelong disorder, though sometimes attenuated in adulthood.

The diagnosis is especially difficult to establish in young children - e.g., at the toddler and preschool level - because behavior that is typical at that age is similar to the symptoms of ADHD. Children at that age may be extremely active but not develop the disorder.

PREVALENCE

ADHD occurs in various cultures. Historically, it has been more frequent in males than females, with male to female ratios at 4:1 in the general population, and 9:1 in clinic populations. However, research has shown that females tend to present with Predominantly Inattentive Type ADHD. Females are now being diagnosed at a similar rate to males.

The prevalence among school-age children is from five percent to twelve percent. ADHD can exist throughout a lifetime and, in fact, may be diagnosed in teen or adult years. There is emerging literature concerning adult ADHD, and evidence that some adults can benefit from the same treatments used for children.

TREATMENT OPTIONS

ADHD is treated using a three-tiered approach consisting of education programs (including resources and tutorial

help), psychological programs (individual, group and family counseling) to help with self-esteem and stress, and medical therapy.

The person with ADHD has great need for external motivation, consistency, and structure. This should be provided by a professional who is familiar with the disorder. For a school-aged child, it is important to enlist the help of the school in designing a treatment plan which should include concrete steps aimed at developing specific competencies (e.g., handling time, sequencing, problem-solving, and social interaction).

Medication is often prescribed but should not be the only treatment. Newer preparations of medications, such as Concerta and Biphentin, offer once or twice a day dosing, so that children do not need to take medication during the school day.

Since this condition affects all members of the family, the family needs help in providing consistency and structure, and in not defining the role of the person with ADHD as the one who always gets into trouble. Treatment should be based on an understanding that ADHD is not intentional, and that punishment is not a cure.

Current treatments can have a positive impact and, in some cases, transform behaviors so that a formerly chaotic life becomes more in control.

Associations & Agencies

2 Attention Deficit Disorder Association

PO Box 7557
Wilmington, DE 19803
800-939-1019
Fax: 800-939-1019
www.add.org

Duane Gordon, President
Michelle Frank, PsyD, Vice President
Keith Griffin, Treasurer
Annette Tabor, Education Committee Chair

Provides information, support groups, publications, workshops, and networking opportunities for people with Attention Deficit Hyperactivity Disorder. Strives to improve the lives of those with ADHD.

3 Brain & Behavior Research Foundation

747 Third Avenue
33rd Floor
New York, NY 10017
646-681-4888
800-829-8289
info@bbrfoundation.org
www.bbrfoundation.org

Donald M. Boardman, Treasurer
Jeffrey Borenstein, MD, President and CEO
Louis Innamorato, CPA, VP and Chief Financial Officer
Faith Rothblatt, Vice President, Development

The Brain and Behavior Research Foundation awards grants aimed at advancing scientific understandings of mental health treatments and mental disorders such as depression and schizophrenia. The Brain and Behavior Research Foundation's mission is to eliminate the suffering caused by mental illness.

Year Founded: 1987

4 Center for Mental Health Services (CMHS) Substance Abuse and Mental Health Services Administration

5600 Fishers Lane
Rockville, MD 20857
240-276-1310
877-726-4727
TTY: 800-487-4889
www.samhsa.gov/about-us/who-we-are/offices-centers

Anita Everett, MD, DFAPA, Director

Promotes the treatment of mental illness and emotional disorders by increasing accessibility to mental health programs; supporting outreach, treatment, rehabilitation, and support programs and networks; and encouraging the use of scientifically-based information when treating mental disorders. CMHS provides information about mental health via a toll-free number and numerous publications. Developed for users of mental health services and their families, the general public, policy makers, providers, and the media.

Year Founded: 1992

5 Children and Adults with AD/HD (CHADD)

4221 Forbes Boulevard
Suite 270
Lanham, MD 20706
301-306-7070
Fax: 301-306-7090
www.chadd.org

Belynda L. Gauthier, President
Patricia M. Hudack, PCC, BCC, President Elect
Brian Foy, Secretary
Harvey Parker, Founder

National nonprofit organization serving individuals with Attention Deficit Hyperactivity Disorder (ADHD) and their families. Offers support and information for individuals, parents, teachers, professionals, and others, and advocates for the rights of people with ADHD. Available on Facebook and Twitter.

Year Founded: 1987

6 Learning Disabilities Association of America

461 Cochran Road
Suite 245
Pittsburgh, PA 15228
412-341-1515
Fax: 412-344-0224
info@ldaamerica.org
www.laamerica.org

Beth McGaw, President
Cindy Cipoletti, Executive Director
Monica McHale-Small, First Vice President
Anne Huntington, Secretary

Educates individuals with learning disabilities and their families through conferences, workshops, and symposiums; advocates for the rights of individuals with learning disabilities; provides support for parents; and promotes research in the assessment and prevention of learning disabilities.

Year Founded: 1964

7 NAPCSE National Association of Parents with Children in Special Education

3642 East Sunnysdale Drive
Chandler Heights, AZ 85142

800-754-4421
 Fax: 800-424-0371
 contact@napcse.org
 www.napcse.org

Dr. George Giuliani, President

The NAPCSE is dedicated to ensuring quality education for all children and adolescents with special needs. NAPCSE provides resources, support, and assistance to parents with children in special education.

8 National Alliance on Mental Illness

4301 Wilson Boulevard
 Suite 300
 Arlington, VA 22203
 703-524-7600
 800-950-6264
 info@nami.org
 www.nami.org

Adrienne Kennedy, MA, President
Shirley J. Holloway, First Vice President
Daniel H. Gillison, Jr., Chief Executive Officer
David Levy, Chief Financial Officer

NAMI is an organization dedicated to raising awareness on mental health and providing support and education for Americans affected by mental illness. NAMI advocates for access to services and treatment and fosters an environment of awareness and understanding for those concerned with mental health.

Year Founded: 1979

9 National Association for the Dually Diagnosed (NADD)

12 Hurley Avenue
 Kingston, NY 12401
 845-331-4336
 info@thenadd.org
 www.thenadd.org

Jeanne M. Farr, MA, Chief Executive Officer
Daniel Baker, PhD., President
Peggie Webb, MA, Vice President
Eileen Elias, MEd, Secretary

NADD is a nonprofit organization designed to increase awareness of, and provide services for, individuals with developmental disabilities and mental illness. NADD emphasizes the importance of quality mental healthcare for people with mental health needs and offers conferences, information resources, educational programs, and training materials to professionals, parents, and organizations.

Year Founded: 1983

10 National Center for Learning Disabilities

1 Thomas Circle NW
 Suite 700
 Washington, DC 20005
 888-575-7373
 www.nclcd.org

Margi Booth, Co-Chair
Joe Zimmer, Co-Chair
Lindsay E. Jones, President & CEO
John R. Langelier, Treasurer

The NCLD's mission is to ensure success for all individuals with learning disabilities in school, at work, and in life. They connect parents with resources, guidance, and support to advocate effectively for their children; deliver evidence-based tools, resources, and professional development

to educators to improve student outcomes; and develop policies and engage advocates to strengthen educational rights and opportunities.

Year Founded: 1977

11 National Federation of Families for Children's Mental Health

15800 Crabbs Branch Way
 Suite 300
 Rockville, MD 20855
 240-403-1901
 ffcmh@ffcmh.org
 www.ffcmh.org

Lynda Gargan, PhD, Executive Director
Sherri Luthe, President
Terry Stevens, Vice President

The National Federation of Families for Children's Mental Health is a national organization focused on advocating for the rights of children affected by mental health challenges, assisting family-run organizations across the nation, and ensuring that children and families concerned with mental health have access to services.

Year Founded: 1989

12 National Institute of Mental Health

6001 Executive Boulevard
 Room 6200, MSC 9663
 Bethesda, MD 20892-9663
 866-615-6464
 Fax: 301-443-4279
 TTY: 301-443-8431
 nimhinfo@nih.gov
 www.nimh.nih.gov

Joshua Gordon, MD, PhD, Director

The National Institute of Mental Health conducts clinical research on mental disorders and seeks to expand knowledge on mental health treatments.

13 National Mental Health Consumers' Self-Help Clearinghouse

E-mail: selfhelpclearinghouse@gmail.com
 www.mhselfhelp.org

Joseph Rogers, Founder and Executive Director
Susan Rogers, Director

The Clearinghouse is a peer-run national technical assistance center focused on achieving respect and equality of opportunity for those with mental illnesses. The Clearinghouse helps with the growth of the mental health consumer movement by evaluating mental health services, advocating for mental health reform, and providing consumers with news, information, publications, and consultation services.

Year Founded: 1986

14 National Resource Center on ADHD Children and Adults with AD/HD

4221 Forbes Boulevard
 Suite 270
 Lanham, MD 20706
 301-306-7070
 Fax: 301-306-7090
 www.chadd.org/about/about-nrc/

Dr L. Eugene Arnold, MD, MEd, Resident Expert
Sarah Brown, MA, NRC Program Manager
Susan Buningh, MRE, Director of Communications

The National Resource Center, a program of CHADD, is a resource platform focused on disseminating the latest science-based information on ADHD. The NRC provides comprehensive information and program activities for children and adults with ADHD, parents, caregivers, professionals, and other members of the public.

15 PACER Center

8161 Normandale Boulevard
Bloomington, MN 55437
952-838-9000
www.pacer.org

Paula F. Goldberg, Co-Founder & Executive Director
Ronald Lezama, Co-Founder
Lisa Elm, Senior Director, Corp. Dev.

PACER provides information, training, and assistance to parents of children and young adults with all disabilities (physical, learning, cognitive, emotional, and health). Its mission is to help improve the quality of life for young people with disabilities and their families.

Year Founded: 1977

16 Sutcliffe Developmental & Behavioral Pediatrics

851 Fremont Avenue
Suite 110
Los Altos, CA 94024
650-941-1698
Fax: 650-434-3953
info@sutcliffedbp.com
www.sutcliffedbp.com

Trenna Sutcliffe, MD, MS, Medical Director
Hevda Redlich, Practice Manager

Sutcliffe Developmental & Behavioral Pediatrics is an organization that specializes in the treatment of ADHD, autism spectrum disorder, anxiety disorders, conduct disorders, learning disabilities, and more. Sutcliffe works with community services, school districts, and primary physicians, and provides family counseling.

17 The Center for Family Support

2811 Zulette Avenue
Bronx, NY 10461
718-518-1500
Fax: 718-518-8200
www.cfsny.org/

Steven Vernikoff, Executive Director
Barbara Greenwald, Chief Operating Officer
Lloyd Stabiner, President
Amy Bittinger, Vice President

The Center for Family Support offers assistance to individuals with developmental and related disabilities, as well as their families, and provides support services and programs that are designed to accommodate individual needs. Offers services throughout New York City, Westchester County, Long Island, and New Jersey.

Year Founded: 1954

Books

18 A Birds-Eye View of Life with ADD and ADHD: Advice from Young Survivors Cherish the Children

PO Box 189
Cedar Bluff, AL 35959-189

Fax: 256-779-5203
chirs@chrisdendy.com
www.chrisdendy.com/bev.htm

Chris A Zeigler Dendy, Author
Alex Zeigler, Author

Written expressly for teenagers, preteens, and young adults, by teenagers and a young adult who are struggling with ADD or ADHD. This survival guide offers factual information and practical advice in words and examples that young people can easily understand and put into practice. Written with humor and compassion, *A Bird's Eye View* offers down-to-earth tips for coping with a variety of issues: disorganization, forgetfulness, always being late, sleep problems, memorization, procrastination, restlessness, medication, writing essays, and algebra. This book is meant to be helpful yet still interesting to read.

19 ADD & Learning Disabilities: Reality, Myths, & Controversial Treatments
Bantam Doubleday Dell Publishing

1745 Broadway
New York, NY 10019-4343
212-782-9000

Barbara Ingersoll, Author
Sam Goldstein, PhD., Author

For parents of children with learning disabilities and attention deficit disorder - and for educational and medical professionals who encounter these children - two experts in the field have devised a handbook to help identify the very best treatments. \$10.36

256 pages; ISBN 0-385469-31-4

20 ADD & Romance: Finding Fulfillment in Love, Sex, & Relationships
ADD Warehouse

300 NW 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8100
800-233-9273

Fax: 954-792-8545
sales@addwarehouse.com
www.addwarehouse.com

Jonathan Halverstadt, Author
Daniel Amen, Author

Licensed therapist Jonathan Scott Halverstadt looks at how attention deficit disorder can damage romantic relationships when partners do not take time, or do not know how, to address this unique problem. The book aims to give people with A.D.D. and their partners the tools they need to build and sustain a more satisfying and fulfilling relationship. \$12.95

230 pages; Year Founded: 1998; ISBN 0-878332-09-X

21 ADD Kaleidoscope: The Many Faces of Adult Attention Deficit Disorder
Hope Press 91009-188

Fax: 818-358-3520
dcomings@earthlink.net
www.hopepress.com

Joan Andrews, Author
Denise E. Davis, Author

A comprehensive presentation of all aspects of attention deficit disorder in adults. While often thought of as a child-

hood disorder, ADD symptoms usually continue into adulthood where they can cause a wide range of problems with personal interactions, work performance, attitude towards one's employer, and interactions with spouses and children. \$24.95

293 pages; ISBN 1-878267-03-5

22 ADD Success Stories: Guide to Fulfillment for Families with Attention Deficit Disorder

ADD Warehouse

300 NorthWest 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

websales@addwarehouse.com

www.addwarehouse.com

Thom Hartmann, Author

John J. Ratey, Author

Real-life stories of people with ADD who achieved success in school, at work, in marriages and relationships. Thousands of interviews and histories as well as new research show children and adults from all walks of life how to reach the next-step, a fulfilling, successful life with ADD. Discover which occupations are best for people with ADD. \$12.00

288 pages; Year Founded: 1995; ISBN 1-887424-03-2

23 ADD in the Workplace: Choices, Changes and Challenges

ADD Warehouse

300 NW 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

sales@addwarehouse.com

www.addwarehouse.com

Kathleen Nadeau, Author

This book contains information that seeks to help adults move from resignation to determination in forging a path to success. Whether this means finding an ADD-friendly environment, requesting reasonable workplace accommodations, or creating a freelance niche, this book will point out the right directions. \$24.00

256 pages; Year Founded: 1997; ISBN 0-876308-47-7

24 ADD/ADHD Checklist: an Easy Reference for Parents & Teachers

ADD Warehouse

300 NorthWest 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

websales@addwarehouse.com

www.addwarehouse.com

Harvey C Parker, Owner

Written by a nationally known educator with two decades of experience in working with ADD/ADHD students. For fast, reliable information about attention deficit disorder,

parents and teachers need only to refer to The ADD/ADHD Checklist. \$12.00

272 pages; Year Founded: 2002

25 ADHD Monitoring System

ADD Warehouse

300 NorthWest 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

websales@addwarehouse.com

www.addwarehouse.com

Harvey C Parker, Owner

Provides a simple, cost effective way to carefully monitor how well a student with ADHD is doing at school. Parents and teachers will be able to easily track behavior, academic performance, quality of student classwork and homework. Contains monitoring forms along with instructions for use. \$8.95

26 ADHD Parenting Handbook: Practical Advice for Parents

Taylor Trade Publishing

5360 Manhattan Circle

Suite 100

Boulder, CO 80303-4249

303-543-7835

Fax: 303-543-0043

rrinehart@rowman.com

www.rowman.com/taylortrade

Colleen Alexander Roberts, Author

Practical advice for parents from parents, and proven techniques for raising hyperactive children without losing your temper.

224 pages; Year Founded: 1994; ISBN 0-878338-62-4

27 ADHD Survival Guide for Parents and Teachers

Hope Press

PO Box 188

Duarte, CA 91009-188

818-303-0644

800-321-4039

Fax: 626-358-3520

dcomings@earthlink.net

www.hopepress.com

Richard A. Lougy, MFT, Author

David K. Rosenthal, MD, Author

Fills an important need expressed by parents, teachers, and other caretakers of ADHD children who have asked for clear, practical, and easily understood strategies to deal with ADHD children.

Year Founded: 2002; ISBN 1-878267-43-4

28 ADHD and Teens: Parent's Guide to Making it Through the Tough Years

ADD Warehouse

300 NorthWest 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

websales@addwarehouse.com
www.addwarehouse.com

Colleen Alexander Roberts, Author

A manual of practical advice to help parents cope with the problems that can arise during these years. A crash course is offered on parenting styles that really work with teens with ADHD and how these styles allow the teen to safely move from dependence to independence. \$13.00

199 pages; Year Founded: 1995; ISBN 0-878338-99-3

29 ADHD and the Nature of Self-Control

Guilford Press

72 Spring Street
New York, NY 10012
212-431-9800
800-365-7006

Fax: 212-966-6708

info@guilford.com

www.guilford.com

Russell A. Barkley, PhD, Author

Provides a radical shift of perspective on ADHD, arguing that the disorder is a developmental problem of self control and that an attention deficit is a secondary characteristic. Combines neuropsychological research and the theory on the executive functions, illustrating how normally functioning individuals are able to bring behavior under the control of time and orient their actions toward the future. \$46.00

410 pages; Year Founded: 1973; ISBN 1-572302-50-X

30 ADHD in the Young Child: Driven to Redirection: A Guide for Parents and Teachers of Young Children with ADHD

ADD Warehouse

300 NW 70th Avenue
Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

sales@addwarehouse.com

www.addwarehouse.com

Cathy Reimers PhD, Author

Bruce A. Brunger, Author

The authors sensitively and effectively describe what life is like living with a young child with ADHD. With the help of over 75 cartoon illustrations they provide practical solutions to common problems found at home, in school and elsewhere. \$18.95

202 pages; Year Founded: 1999; ISBN 1-886941-32-7

31 ADHD: A Complete and Authoritative Guide American Academy Of Pediatrics

141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098

847-434-4000

800-433-9016

Fax: 847-434-8000

www.aap.org

Sherill Tippins, Editor

Michael I. Reiff MD, FAAP, Editor-in-Chief

Based on the American Academy of Pediatrics' own clinical practice guidelines for ADHD and written in clear, accessible language, this book answers the common question:

How is ADHD diagnosed? What are today's best treatment options? and Will my child outgrow ADHD?

355 pages; Year Founded: 2004; ISBN 1-581101-21-X

32 Adventures in Fast Forward: Life, Love and Work for the ADD Adult

ADD Warehouse

300 NW 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

sales@addwarehouse.com

www.addwarehouse.com

Kathleen G. Nadeu, Author

For all adults with ADD, this book is designed to be a practical guide for day-to-day life. No matter where you are in the scenario - curious about ADD, just diagnosed or experiencing particular problems, this book will give you effective strategies to help anticipate and negotiate the challenges that come with the condition. Filled with important tools and tactics for self-care and success. \$23.00

224 pages; Year Founded: 1996; ISBN 0-876308-00-0

33 All About Attention Deficit Disorder: Revised Edition

ADD Warehouse

300 NW 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

sales@addwarehouse.com

www.addwarehouse.com

Harvey C Parker, Owner

A practical and comprehensive manual for parents and teachers interested in understanding the facts about ADD. Chapters on home management, the 1-2-3 Magic discipline method, facts about medication management and practical ideas for teachers to use in managing learning and classroom behavior. \$13.00

165 pages

34 All Kinds of Minds

ADD Warehouse

300 NW 70th Avenue

Suite 102

Plantation, FL 33317-2360

954-792-8944

800-233-9273

Fax: 954-792-8545

sales@addwarehouse.com

www.addwarehouse.com

Dr. Mel Levine, Author

Young students with learning disorders- children in primary and elementary grades -can now gain insight into the difficulties they face in school. This book helps all children understand and respect all kinds of minds and can encourage children with learning disorders to maintain their motivation and keep from developing behavior problems stemming from their learning disorders. \$38.00

283 pages

- 35 Answers to Distraction
ADD Warehouse**
300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273
Fax: 954-792-8545
websales@addwarehouse.com
www.addwarehouse.com
Edward M. Hallowell, Author
John J. Ratey, Author
A user's guide to ADD presented in a question and answer format ideal for parents of children and adolescents with ADD, adults with ADD and teachers who work with students who have ADD. \$13.00
334 pages; Year Founded: 1996; ISBN 0-553378-21-X
- 36 Attention Deficit Disorder and Learning Disabilities: Reality, Myths, and Controversial Treatments**
Bantam Doubleday Dell Publishing
1745 Broadway
10th Floor
New York, NY 10019-4343
E-mail: ddaypub@randomhouse.com
www.randomhouse.com
Barbara D. Ingersoll, Author
Sam Goldstein, Author
Discusses ADHD and learning disabilities as well as their effective treatments. Warns against nutritional and other alternative treatments. \$12.95
256 pages; Year Founded: 1993; ISBN 0-385469-31-4
- 37 Attention Deficit Hyperactivity Disorder in Children: A Medication Guide**
Madison Institute of Medicine
7617 Mineral Point Road
Suite 300
Madison, WI 53717-1623
608-827-2470
www.factsforhealth.org
Hugh F. Johnston, Author
J. Jay Fruehling, Author
Written for parents, this explains the various medications used commonly to treat ADHD/ADD. It includes a review of the symptoms of ADHD, medication therapy, commonly asked questions, and side effects of medications. \$5.95
41 pages
- 38 Attention Deficits and Hyperactivity in Children: Developmental Clinical Psychology and Psychiatry**
Sage Publications
2455 Teller Road
Thousand Oaks, CA 91320-2234
800-818-7243
Fax: 800-583-2665
info@sagepub.com
www.sagepub.com
Stephen P. Hinshaw, Author
Provides background information and evaluates key debates and questions that remain unanswered about ADHD. Includes what tools can be used to gain optimal information about this disorder and which factors predict subsequent functioning in adolescence and adulthood. Advances, challenges and unresolved problems in diverse but relevant areas are analyzed and placed in context. Paperback also available. \$43.95
161 pages; Year Founded: 1993; ISBN 0-803951-96-5
- 39 Attention-Deficit Hyperactivity Disorder in Adults: A Guide**
Madison Institute of Medicine
6515 Grand Teton Plaza
Suite 100
Madison, WI 53719
608-827-2470
Fax: 608-827-2444
www.factsforhealth.org
Hugh F. Johnston, MD, Author
This guide provides an overview of adult ADHD and how it is treated with medications and other treatment approaches. \$5.95
58 pages; Year Founded: 2002
- 40 Beyond Ritalin**
ADD Warehouse
300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273
Fax: 954-792-8545
websales@addwarehouse.com
www.addwarehouse.com
Stephen W. Garber, PhD, Author
Beyond Ritalin: Facts About Medication and Other Strategies for Helping Children, Adolescents and Adults with Attention Deficit Disorders. The authors respond to concerns all parents and individuals have about using medication to treat disorders such as ADHD, explain the importance of a treatment program for those with this condition and discuss fads and fallacies in current treatments. \$13.50
272 pages; Year Founded: 1996; ISBN 0-060977-25-6
- 41 Conduct Disorders in Children and Adolescents**
American Psychiatric Publishing, Inc.
1000 Wilson Boulevard
Suite 1825
Arlington, VA 22209-3901
703-907-7322
800-368-5777
Fax: 703-907-1091
appi@psych.org
www.appi.org
G Pirooz Sholevar, M.D., Editor
Ron McMillen, Chief Executive Officer
John McDuffie, Editorial Director
Examines the phenomenology, etiology, and diagnosis of conduct disorders, and describes therapeutic and preventive interventions. Includes the range of treatments now available, including individual, family, group, and behavior therapy; hospitalization; and residential treatment. \$52.00
414 pages; Year Founded: 1995; ISBN 0-880485-17-5

- 42 Consumer's Guide to Psychiatric Drugs**
NewHarbinger Publications
 5674 Shattuck Avenue
 Oakland, CA 94609-1662
 510-652-0215
 800-748-6273
 Fax: 800-652-1613
 customerservice@newharbinger.com
 www.newharbinger.com
Mary C. Talaga, Author
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